



Virginia Department of Veterans Services

Virginia Veteran and Family Support

Formerly Virginia Wounded Warrior Program

MISSION: HEALTHY FAMILIES



FAMILY RETREAT: October 2 - 4, 2015

A fun, family-oriented skills building course for military veterans and families coping with the impact of deployment, military service, posttraumatic stress, operational stress or traumatic brain injury.

Sacrifices inherent in serving our nation such as deployments and recovery from both visible and invisible wounds often take a toll on warriors, spouses, and children.

This weekend event will help parents and children build communication, conflict resolution, and coping skills to foster resilience among military and veteran families.

Parents and school-age children will be participating in both separate and family activities to promote bonding.

Please note: This event will involve group activities and is most appropriate for school age children or older who can operate in a group environment away from their parents.

REGISTRATION INFORMATION:

DATE: October 2-4, 2015

WHERE: Airfield 4H Conference Center
15189 Airfield Road, Wakefield, VA 23888

CHECK-IN: 4pm-6pm

CHECK-OUT: 12 Noon

COST: \$25 Registration Fee

CONTACT:

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MISSION: HEALTHY FAMILIES retreats in 2015 are made possible thanks to a grant awarded through "Wins for Warriors" - Major League Baseball player Justin Verlander's charitable organization.

For more information about Wins for Warriors please visit www.winsforwarriors.org