



Regaining Independence Through Rehabilitation

The Sitter & Barfoot Veterans Care Center (SBVCC) provides both long-term skilled nursing care and short-term rehabilitative therapy. The SBVCC Rehab Department utilizes progressive therapy programs along with a variety of treatment modalities including hot and cold packs, shortwave diathermy, electrical stimulation, and ultrasound to ensure the optimal outcome for every individual.

No matter what the illness or injury, or the method of therapy, SBVCC staff work with one goal in mind: to restore the individual's ability to live independently to the greatest extent possible.

In other words, at SBVCC, therapy is all about getting your life back.

**For more information, visit
www.dvs.virginia.gov**

VISIT US

From I-95 North or South,

- Take exit 69—Bells Road and merge right.
- At the traffic signal, turn left on Bells Road. Continue across Jeff Davis Highway.
- At the second traffic signal, turn right on Belt Boulevard.
- Go to the second traffic signal and turn right on Broad Rock Boulevard.
- Take the next right into McGuire VA Medical Center complex. SBVCC will be on your right.

About the Virginia Department of Veterans

Services: The Virginia Department of Veterans Services (DVS) operates 26 benefit services offices that assist veterans and their family members in filing claims for federal veterans benefits. DVS operates two long term care facilities offering skilled nursing, Alzheimer's/dementia care and short-term rehabilitation, three state veteran cemeteries, and the Virginia War Memorial. DVS also provides veterans with direct linkages to needed services including behavioral healthcare, housing, education, employment and other public and private assistance programs.



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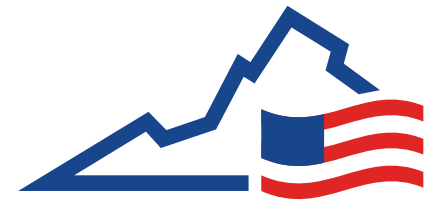
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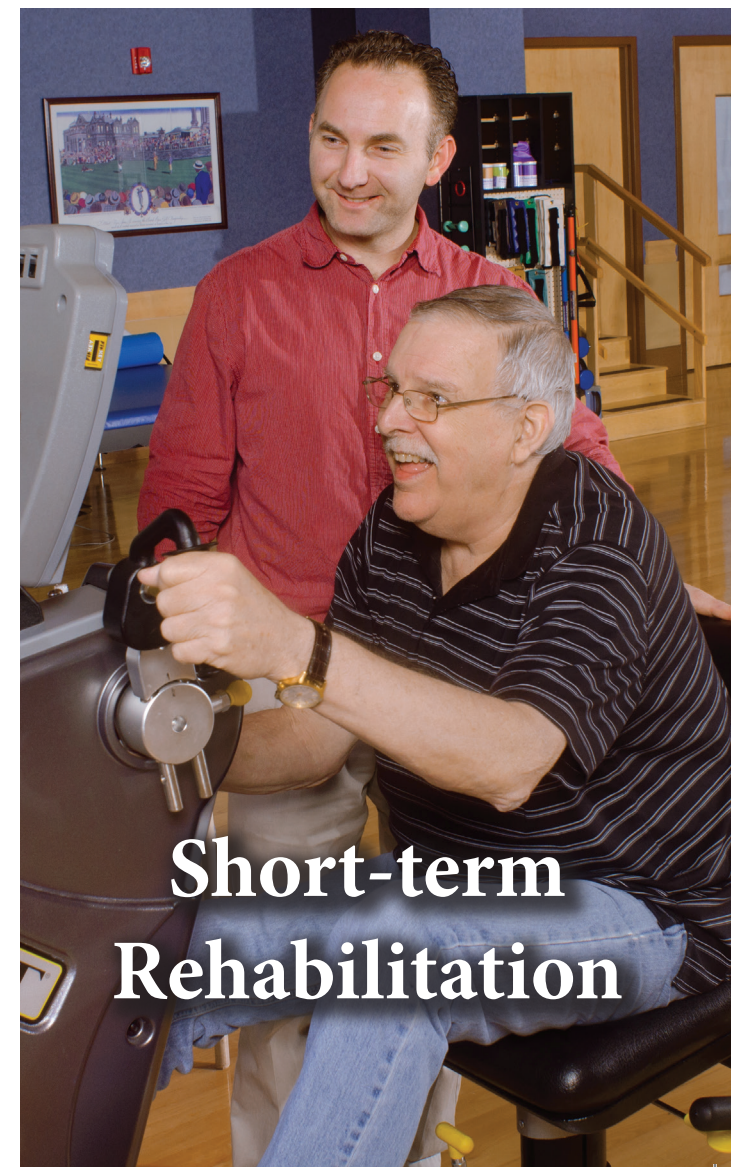
Download the DVS app by searching for Virginia Veterans

Revised 03/2016



Virginia Department of Veterans Services

Sitter & Barfoot Veterans Care Center



Short-term Rehabilitation

The Sitter & Barfoot Veterans Care Center



AMENITIES

- Private rooms with private baths—all are handicap accessible and include a roll-in shower
- Barber/beauty shop
- Pharmacy
- Activity rooms
- Lounges
- Landscaped inner courtyards
- Library with Internet Access
- Game room
- Walking trail



SBVCC accepts payment from private insurers, Medicare and Medicaid. Most veterans also qualify for the VA per diem facility credit.



ADMISSION CRITERIA

- Honorable discharge from the U.S. Armed Forces
- Virginia residency at the time of admission or entry into the Armed Forces from Virginia
- Meets medical requirements for nursing home care

SBVCC serves only veterans. We understand service disabilities and have a working relationship with the McGuire VA Medical Center. This relationship provides convenient access to the VA medical continuum and enables us to offer the most comprehensive care possible.

CONTACT US

1601 Broad Rock Boulevard, Richmond, VA 23224
(804) 371-8433 | (804) 371-8434
www.dvs.virginia.gov



When Floyd arrived at the Sitter & Barfoot Veterans Care Center, it seemed unlikely that he would ever return home, much less resume his favorite activities, such as fishing, cooking, and entertaining. But over a three-month period, Floyd went through an intensive rehabilitation process that included breathing retraining and a variety of

exercises to regain muscle tone and build up his endurance. He was also retrained to perform daily tasks, such as bathing, dressing, going up and down stairs, and meal preparation. Today, Floyd has his life back. He's driving, cooking, and entertaining. Floyd is back home—on his own.

At age 72, Alice was living alone with a little help from her two grandchildren. A fall that resulted in a fractured hip, however, confined Alice to bed. Therapists at SBVCC implemented a treatment program that increased Alice's endurance and upper and lower body strength. They also trained Alice to dress and bathe with adaptive equipment. After six weeks, Alice left using a rolling walker. Today she's able to get in and out of bed without help and able to perform home-making tasks independently.

THERAPY PROGRAMS

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|--------------------------|----------------------------|
| • Contracture Management | • Falls and Balance |
| • Pain Management | • Neurological Enhancement |
| • Stroke Recovery | • Dementia |
| • Orthopedic Medicine | • Swallow Retraining |
| • Wound Management | • Urinary Incontinence |