

## North Region: (804) 229-8240

Counties and Cites Served: Alexandria, Arlington, Clarke, Culpeper, Fairfax (City and County), Falls Church, Fauquier, Frederick, Loudoun, Louisa, Madison, Manassas, Manassas Park, Page, Prince William, Rappahannock, Shenandoah, Stafford, Warren and Winchester.

### East Region: (757) 508-1158

Counties and Cities Served: Accomack, Charles City, Chesapeake, Emporia, Essex, Franklin, Gloucester, Greensville, Hampton, Isle of Wight, James City, King and Queen, King William, Lancaster, Mathews, Middlesex, New Kent, Newport News, Norfolk, Northampton, Northumberland, Poquoson, Richmond, Southampton, Suffolk, Surry, Sussex, Virginia Beach, Westmoreland, Williamsburg and York.

## Central Region: (804) 690-3217

Counties and Cities Served: Albemarle, Amelia, Augusta, Brunswick, Buckingham, Caroline, Charlotte, Charlottesville, Chesterfield, Colonial Heights, Cumberland, Dinwiddie, Fluvanna, Fredericksburg, Goochland, Greene, Halifax, Hanover, Harrisonburg, Henrico, Highland, Hopewell, King George, Louisa, Lunenburg, Mecklenburg, Nelson, Nottoway, Orange, Petersburg, Powhatan, Prince Edward, Prince George, Richmond, Rockingham, Spotsylvania, Staunton and Waynesboro.

## West Region: (540) 556-9112

Counties and Cities Served: Alleghany, Amherst,
Appomattox, Bath, Bedford (City and County), Bland,
Botetourt, Bristol Buchanan, Buena Vista, Campbell,
Carroll, Covington, Craig, Danville, Dickenson, Floyd,
Franklin, Galax, Giles County, Grayson, Henry, Lee,
Lexington, Lynchburg, Martinsville, Montgomery, Norton,
Patrick, Pittsylvania, Pulaski, Radford, Roanoke (City
and County), Rockbridge, Russell, Salem, Scott, Smyth,
Tazewell, Washington, Wise and Wythe.

# Visit our website, www.dvs.virginia.gov



# To reach a caring responder at the Suicide and Crisis Lifeline, dial 9-8-8 (veterans press I)



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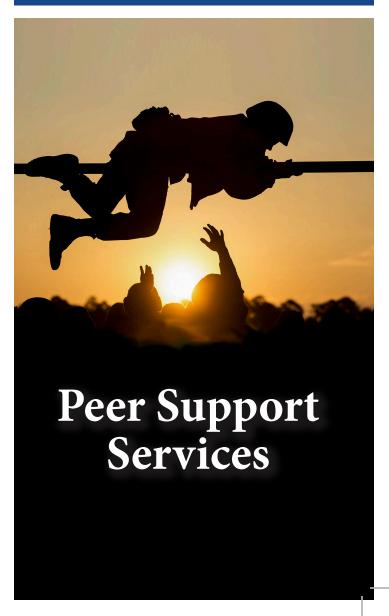
#### About the Virginia Department of Veterans Services

(DVS): The Virginia Department of Veterans Services (DVS) is a state government agency with more than 50 locations across the Commonwealth of Virginia. DVS traces its history to 1928 and the establishment of the Virginia War Service Bureau to assist Virginia's World War I veterans. Today, DVS assists veterans and their families in filing claims for federal veterans benefits; provides veterans and family members with linkages to services including behavioral healthcare, housing, employment, education, and other programs. The agency operates three long-term care facilities (with a fourth center opening in 2024) offering in-patient skilled nursing care, Alzheimer's/ memory care, and short-term rehabilitation for veterans; provides an honored final resting place for veterans and their families at three state veterans cemeteries; and operates the Virginia War Memorial, the Commonwealth's tribute to Virginia's men and women who gave the ultimate sacrifice from World War II to the present. For more information, please visit www.dvs.virginia.gov.

Photos courtesy of the United States Air Force and Navy

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# VVFS VETERAN PEER SUPPORT SERVICES

The Department of Veterans Services' (DVS) Virginia Veteran and Family Support (VVFS) **Veteran Peer Specialists** (VPS) draw upon professional peer training and personal experiences living with their specific diagnoses and symptoms to connect with and support veterans and military service members across a spectrum of needs.



#### **WHOWE SERVE**

VVFS Veteran Peer Specialists (VPS) serve Virginia residents who are veterans of any era and members of all branches of the Armed Services, National Guard and Reserves. A VPS assists a veteran or military service member in identifying his/her own personal goals for wellness and growth, helps him/her overcome any barriers to those personal objectives, and both encourages and accompanies the veteran or service member through the process. The program is committed to supporting veterans and military service members who may be stuck or overwhelmed and who may be struggling with setbacks or presently disinterested in clinical treatment.

# CONFIDENTIAL SERVICES OFFERED

- Comprehensive Needs Assessments
- Care Coordination Services for Behavioral Health, Rehabilitative and Supportive Services
- Direct Linkage to Treatment Services for Post Traumatic Stress and Traumatic Brain Injury
- Direct Linkage to VA Benefits and Healthcare, Employment, and Education Services
- Peer Support Services
- Homeless and Housing Services
- Outreach and Education Services

If you know a veteran or military service member in need of peer support services, please call 1-877-285-1299. Your request will be forwarded to the Veteran Peer Specialist assigned to the region where you reside.



# VVFS VETERAN PEER SPECIALIST (VPS) HIGHLIGHT



The VVFS Veteran Peer Specialists (VPS) are veterans representing diverse backgrounds, military, post-military and transition experiences, particularly involving Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI). The VPS identifies needs, develops a coordinated services plan, and connects the veteran/service member to community resources while providing direct support as they navigate the process towards achievement of their goals.



For additional information on Veteran Peer Specialists, please contact the Peer Services Director at (540) 840-3003